

## **ADVICE REGARDING TRAVEL VACCINATIONS AT ST MARY'S SURGERY**

Dear Traveller,

In order to provide an effective service to assist you with any advice and vaccinations that you may need for your trip, please read the information below.

It is extremely useful if you come for advice at least 8 weeks before you intend to travel.

We would ask that you complete the risk assessment form attached to this letter if it is a new trip for yourself. Return this to reception who will book your appointment in the travel clinic. Please attach a photocopy of any vaccines you have had outside the surgery, and an itinerary if appropriate for the travel nurse to review prior to your appointment.

If you have a very complex travel plan, you may be advised to attend a travel clinic of your choice if we feel we cannot assist with this in our clinic.

If your trip is less than 4 weeks away, please seek advice from a travel clinic of your choice. We can offer a printout of the vaccinations on your records to help with this.

To help with both the above requirements there is a list of numbers attached.

We are restricted to certain vaccines that can be given on an NHS basis, and again a list identifying the details of these is attached.

If it is necessary for you to attend a travel clinic for your initial assessment, we are able to provide appointments in most cases to administer those available on the NHS.

Malaria tablets can be issued from the surgery but on a private basis. You may wish to look for other sources for these at a competitive price.

A useful website to help in preparation for your travel: [www.fitfortravel.nhs.uk](http://www.fitfortravel.nhs.uk).

## TRAVEL CLINICS

The internet will provide you with more options.

The Travel Clinic Ltd      Tel: 0330 100 4127

41, Hills Road Cambridge CB2 1NT

Cambridge Travel and Wellbeing Clinic      Tel: 0333 311 1007

59, Sidney Street Cambridge CB2 3HX

Cambridge Travel Clinic      [Tel: 0330 100 4145](tel:03301004145)

Huntingdon Road Surgery, 1 Huntingdon Road, Cambridge CB3 0DB

Citydoc Bury St. Edmunds      Tel: 0203 733 5696

22, Abbeygate Street, Bury St Edmunds IP33 1UN

## Travel and Immunisation Price List – St Mary’s Surgery

<b>Preparation</b>	<b>Registered Patient</b>	<b>Non Registered Patient</b>
Tetanus/Diphtheria/Polio	No Charge (nhs provision)	N/A
Typhoid (all required doses)	No Charge (nhs provision)	N/A
Hepatitis A	No Charge (nhs provision)	N/A
Cholera	No Charge (nhs provision)	N/A
Yellow Fever (includes certificate)	£60.00	£60.00
Hepatitis B (Course of 3 injections)	£40.00 per dose £120.00 3 doses	N/A
Meningitis ACWY	£60.00	N/A
Japanese B Encephalitis	Travel Clinic	Travel Clinic
Tick Bourne Encephalitis	Travel Clinic	Travel Clinic
Rabies	Travel Clinic	Travel Clinic

\*All vaccinations to be paid for at Dispensary prior to the appointment, please take your receipt of payment to the appointment with you.

\*Employers should fund vaccinations if required for work purposes

Personal details			
Name:	Date of birth: Male [ ] Female [ ]		
Easiest contact telephone number: E mail:			
Dates of trip			
Date of departure			
Return date or overall length of trip			
Itinerary and purpose of visit			
Country to be visited	Length of stay	Away from medical help at destination, if so, how remote?	
1.			
2.			
Future travel plans			
Please tick as appropriate below to best describe your trip			
1. Type of trip	Business	Pleasure	Other
2. Holiday type	Package	Self organised	Backpacking
	Camping	Cruise ship	Trekking
3. Accommodation	Hotel	Relatives/family home	Other
4. Travelling	Alone	With family/friend	In a group
5. Staying in area which is	Urban	Rural	Altitude
6. Planned activities	Safari	Adventure	Other
Personal medical history			
Do you have any recent or past medical history of note? (including diabetes, heart or lung conditions)			
List any current or repeat medications			
Do you have any allergies for example to eggs, antibiotics, nuts?			
Have you ever had a serious reaction to a vaccine given to you before?			
Does having an injection make you feel faint?			
Do you or any close family members have epilepsy?			
Do you have any history or mental illness including depression or anxiety?			
Have you recently undergone radiotherapy, chemotherapy or steroid treatment?			
<b>Women only:</b> Are you pregnant or planning pregnancy or breastfeeding?			
Have you taken out travel insurance and if you have a medical condition, informed the insurance company about this?			
Please write below any further information which may be relevant			

**Vaccination history**

Have you ever had any of the following vaccinations / malaria tablets and if so when?

Tetanus		Polio		Diphtheria	
Typhoid		Hepatitis A		Hepatitis B	
Meningitis		Yellow Fever		Influenza	
Rabies		Jap B Enceph		Tick Borne	
Other					
Malaria Tablets					

For discussion when risk assessment is performed within your appointment:

I have no reason to think that I might be pregnant. I have received information on the risks and benefits of the vaccines recommended and have had the opportunity to ask questions. I consent to the vaccines being given.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

**FOR OFFICIAL USE**

Patient Name: \_\_\_\_\_

Travel risk assessment performed Yes [ ] No [ ]

**Travel vaccines recommended for this trip**

Disease protection	Yes	No	Further information
Hepatitis A			
Hepatitis B			
Typhoid			
Cholera			
Tetanus			
Diphtheria			
Polio			
Meningitis ACWY			
Yellow Fever			
Rabies			
Japanese B Encephalitis			
Other			

**Travel advice and leaflets given as per travel protocol**

Food water and personal hygiene advice		Travellers' diarrhoea		Hepatitis B and HIV	
Insect bite prevention		Animal bites		Accidents	
Insurance		Air travel		Sun and heat protection	
Websites	Travel record supplied				
	Other				

**Malaria prevention advice and malaria chemoprophylaxis**

Chloroquine and proguanil		Atovaquone + proguanil (Malarone)	
Chloroquine		Mefloquine	
Doxycycline		Malaria advice leaflet given	

**Further information**

e.g. weight of child

Signed by: \_\_\_\_\_ Position: \_\_\_\_\_ Date: \_\_\_\_\_